



**Sunday 18 March 2012**  
**Leisure Bowl, Parkway, Alloa FK10 2AF**  
 For race details please visits  
[www.alloahalfmarathon.co.uk](http://www.alloahalfmarathon.co.uk)

**PERSONAL DETAILS**

Name:

Address:

Post Code:

E-mail:  Date of Birth:

Age on 18-03-2012

Gender (tick appropriate box): Male  Female

\*Scottish Athletics Ltd (SAL) or UK Athletics affiliation number:

\*Athletics Club:

Please indicate T shirt Size: S  M  L  XL  No Thanks

**PAYMENT**

	Entry Cost	TOTAL
Alloa Half Marathon (postal entry using this form)	<b>£19.00 (£17.00 affiliated)</b>	
Alloa Half Marathon (online entry <a href="http://www.alloahalfmarathon.co.uk">www.alloahalfmarathon.co.uk</a> )	<b>£18.00 (£16.00 affiliated)</b>	

**All cheques should be made payable to:**  
**Alloa Half Marathon**

**GENERAL INFORMATION** (\*\*UK Athletics Rules. A 'scottishathletics' Permit Event)

We cannot refund entry fees to runners who did not eventually take part in the race(s). No dogs, cyclists or prams are allowed on the course for the \*\* permitted events. Runners are NOT required to register before the race. Please check your bank statement for confirmation of entry receipt. The Organisers reserve the right to limit and refuse entries. **MEDICAL ADVICE:** If you suffer from any form of medical condition mark the front of your race number with a prominent waterproof cross, and list details of the condition on the back of your race number.

**DECLARATION**

I fully understand that I have entered this race at my own risk and that the Organisers and Sponsors will not be liable for any injury before, during or after the event. I understand runners must be 17 years of age or over on 18 March 2012 to take part in the Half Marathon, when a formal entry must be completed for each participant. I declare that I am physically fit and waive and renounce any rights and claims for damages I may have against the Organisers and Sponsors for any loss/injury as a result of my participation in this event. I agree/do not agree to the information presented on this application form being stored on computer for the use of the Organisers. I understand that for safety reasons race numbers for this event should NOT be given to runners who have not signed a declaration.

Signature ..... Date.....

Please send the completed form and payment to:  
 Lithium Systems Ltd, Unit 4 block 1, Cooperage Way Business Village, Alloa, fk10 3lp

ENTER AT: [www.alloahalfmarathon.co.uk](http://www.alloahalfmarathon.co.uk) E mail: [admin@alloahalfmarathon.co.uk](mailto:admin@alloahalfmarathon.co.uk)